

## **STANDING RULES**

Adopted August 27,2007

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## **STANDING RULES**

Adopted August 27,2007

1. The following Standing Rules will supersede the rules promulgated by the National Baseball League as well as expand, correct, explain, and support the enforcement of such rules of the corporation as herein stated within the corporate Bylaws pursuant to Article II - Purpose, Sections 1 - General Purpose, Section 2 - Powers, Section 3 Applicable Law; Article VI - Board of Directors, Section a- Powers of the Board of Directors, subsection A.
2. Expand Article II - Purpose. Section 1 - General Purpose: To allow and include player's age eighteen (18) years of age and older to play within and under the definition of the general purpose of the corporation.
3. Expand Article VII, Section 1 - Authorized Officers: To create, expand or include the following additional officers: President Pro-Tern, Second Vice-President, Commissioners, and Player Agents.
4. Expand Article IX. Section 2 - Qualifications: Change to: All Members shall be of good moral character and shall attain the age of 18 years during the calendar year in which they apply for membership. A member shall have the right to vote at any corporation meeting, either in person, or by proxy, and shall be eligible to hold any corporation office. There shall be but one vote for each member.
5. Expand Article XII. Section 2 - Special Rules: Change to: A. The league shall be divided into as many divisions as is necessary to properly categorize each group of players within such certain age range as the Board of Directors may from time to time designate. One division shall be established for players 18 years of age and older and shall be known as the 18 - Plus Division. One division shall be established for players 25 years of age and older and shall be known as the 25 - Plus Division. One division shall be established for players 35 years of age and older and shall be known as the 35 - Plus Division. One division shall be established for players 45 years of age and older and shall be known as the 45 - Plus Division. One division shall be established for players 55 years of age and older and shall be known as the 55 - Plus Division. One division shall be established in a like manner for players 60 years of age and older and shall be known as the 60 - Plus Division. Players 25 - 35 - 45 - 55 - 60 years of age and older, may be selected by and placed on the rosters of the established teams in their respective division or in any division that is of a lower age category. Players aged 18 to 24 years, inclusively, may be selected by and placed on the rosters of the teams established only in the 18 - Plus Division. The player's age shall be the age he will attain during the calendar year of the season in progress. Exceptions to this restriction may be allowed on an individual basis, subject to the approval of the Board of Directors. The above ages and divisions are the intended goals of

the Club, may not obtain the brackets until later. The objective for 2008 is that the age and division will be set at 18+, 28+,38+,48+, and 58+. It is suggested that as teams that you should recruit as close to those ages as soon as possible or your team will play in the bracket of your youngest player. A word to the wise!

6. Expand Article XII, Section 2 - Special Rules: Change to: G. Nine innings shall constitute a complete game in the Spring league and seven innings shall constitute a complete game in the Summer league; however, five (5) innings or more shall constitute a complete game in both leagues in which the game is discontinued on account of rain or other restrictions including injury when time has expired.
7. Expand Article XII. Section 2 - Special Rules: Change to: H. A game ending in a tie score after seven or nine completed innings with the time being expired shall be recorded as a tie. If the time limit does not permit the completion of a full inning as time expires, and the home team is trailing in the score, the final score will be the score recorded at the end of the previously completed inning. If the home team is batting as time expires and they are leading then the recorded score will be the score as time expires. The game will not be completed at a later date unless under special circumstances, that being very limited in scope, at the discretion of the Board of Directors may be completed at a later date.
8. Expand Article XII, Section 2 - Special Rules: Change to: I. A game that is cancelled for any reason may be completed at a later date as decided by the Board of Directors.
9. All games in the Spring League are nine (9) innings with a three (3) hour time limit. No inning shall be started with only fifteen (15) minutes or less to play within the time limit. There is a drop dead rule at the three (3) hour time limit, but may be continued for one last batter if it would possibility make a difference in the game and only then at the discretion of the umpire. Whatever the umpire decides is his decision and not for discussion!
10. All games in the Summer League are seven (7) innings with a two and one half (2 1/2) hour time limit. No inning shall be started with only fifteen (15) minutes or less to play within the time limit. There is a drop dead rule at the two and one half (2 1/2) hour time limit, but may be continued for one last batter if it would possibility make a difference in the game and only then at the discretion of the umpire. Whatever the umpire decides is his decision and not for discussion!
11. We generally have games following games so the time limits will be strictly enforced by the umpires in order that the following games will also play their full time. Therefore, If you want to complete your game then play at a pace that will allow your team to finish the necessary inning within the time frames allowed under the Club's rules! No exceptions!
12. To be a member (player- manager- coach- officer- board member) of this Club you must be a member in good standing. Any references to members, players, managers, coaches, officers and board members throughout these Standing Rules will incorporate the entire group even though only one may be stated.
13. A member in good standing requires the following:
  - a. All fees and any other financial obligations are to be paid in full.
  - b. Be on a current roster and filed with the proper League officials.

- c. Have all required information and forms filed with the League.
  - d. Not in violation of any of the Club's Code of Conduct.
  - e. Not in violation of any of the Club's By-Laws.
  - f. Not in violation of any of the Club's Standing Rules.
  - g. Not in violation of any other matter concerning the Club.
14. All players must pay to play. If you play and have not paid the full amount that is required you will be immediately ejected from the game, suspended from three (3) to five (5) games, placed on probation for the remainder of the season or expelled from the Club. If you are part of a team fee payment it is your responsibility to insure that you are listed as paid for that particular league. No one will be excused from this responsibility! Let everyone be fore warned in this matter concerning playing without paying!!
15. All players must also fill out and sign a participation form (from the team manager) in order to be cover under our insurance coverage. Failure to do so mayor will invalidate any and all coverage that is available to you as a player. If you play and have not completed all the necessary paper requirements you will be immediately ejected from the game, suspended from three (3) to five (5) games, placed on probation for the remainder of the season or expelled from the Club. Again, if you are part of a team fee payment it is your responsibility to insure that you are listed as paid and that your participation form has been submitted for that particular league. No one will be excused from this responsibility! Let everyone be fore warned in this matter concerning the participation form!
16. Disciplinary action may be taken against a Club member who violates the Club's Articles of Incorporation, By-Laws, Code of Ethics, Code of Conduct, Standing Rules, Playing Rules or any and all other Rules so added or deemed to be in effect by the Club's Board of Directors.
17. The Board of Directors may impose any or all of the following penalties:
- a. A STATEMENT of violation(s) and a warning that future violations can result in stricter penalties.
  - b. A REPRIMAND with PROBATION stating the violation(s) and a warning that a future violation(s) can result in stricter penalties.
  - c. A SUSPENSION from all Club activities for a period to be determined by the Board of Directors, with a statement of reason for the suspension and a warning that future violations can result in expulsion from the Club.
  - d. An EXPULSION from the Club.
18. All actions taken by the Board of Directors shall be in writing and a record thereof maintained in the Club files by the Club Secretary.
19. A Club member who has a grievance against another Club member may submit it in writing to the Board of Directors for adjudication. The Board shall reply in writing to the member who files a grievance within fourteen (14) days of its receipt. A grievance deemed frivolous or vindictive by the Board shall not be acted upon and the member filing such grievance notified accordingly.
20. A member of the Board of Directors who files a grievance, or against whom a grievance is filed, shall be automatically disqualified from the adjudication process.

21. A Club member may appeal any action taken by the Board of Directors pursuant to any paragraph in the Standing Rules and particularly paragraphs 5,6,7,8 and 9 above. The appeal must be in writing and must be received by the Board of Directors within seven (7) days of the action by the Board. The Board of Directors must reply in writing to an appeal within fourteen (14) days of its receipt. A member who has been expelled under paragraph 6 may request that his appeal be handled under the same terms as stated in Article XIV, Section 1,2, and or 3 of the By-Laws.
22. All teams are required to maintain and pay for a minimum of fourteen (14) players on their roster. It is not recommend, but allowed that a team can pay the minimum fee for fourteen (14) players and maintain only twelve (12) players very early in the season, but must obtain the minimum of fourteen (14) players by the end of the third week of play. Under this scenario there will be no swapping. trading or changing of any players until that team has reached the minimum player requirement of fourteen (H) players! (See paragraph # 41 below.) The penalty for such infraction is immediate ejection from the game of both the manager and player with a three (3) to five (5) game suspension and probation for the remainder of the season. Farther infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs # 16 & 17.
23. Any team that does not pay the required amount or has not submitted the required information on or before the final date set by the Board of Directors for that league / season will be dropped from the Club and must reapply for league play the following league or year.
24. All managers will pay a total league team fee plus the National fee, preferably in one or two checks from the manager or from the team's checking account.
25. Each player is obligated to pay an extra \$26.00 fee to the Club which is then sent to the National MABL/MSBL.
26. The National fee (\$26.00) is paid by each member only one time per year. Therefore, if the player has paid the National fee (\$26.00) in our Spring League or any other MABLI MSBL League then they are only required to pay the SMSBL Spring League fee of \$200.00 and / or the Summer League fee of \$300.00.
27. It is the responsibility of the players to produce evidence that they have already paid their National Dues so that the manager can properly submit the team roster so annotated with the correct adjusted team fee.
28. It is the manager responsibility to submit the correct adjusted team fee verified and supported by a roster so annotated with evidence from each player that has already paid their National Dues.
29. The Spring League fees are \$200.00 per player, plus \$26.00 National fee.
30. The minimum team fee for the Spring League is \$3164.00 [(14 X (\$200.00 + 26.00)].
31. All players that pay a full fee for either the Spring League or Summer League may play any amount of games they wish and still be eligible to play in the play-offs.
32. There are no half fees allowed until the second half of the season unless this will cause a NCAA eligibility violation for that player. The manager shall provide

evidence of such NCAA eligibility problems for each player to receive this special exception.

33. The Spring League allows half fees @\$100.00 per player plus the \$26.00 National fee (if not previously paid) in the second half of the season.
34. When a player is added in the second half of the spring season he will be required to play at least one third (5) of the total (season) games (14) in the remaining maximum available games of seven (7) to be eligible to play in the play-off. No player will be added with only two (2) games left in the season unless for special circumstances and then only with the approval of the League Commissioner or the Club's Board of Directors.
35. The Summer League fees are \$300.00 per player, plus \$26.00 National fee.
36. The Summer League allows half fees @ \$150.00 per player plus the \$26.00 National fee (if not previously paid) in the second half of the season.
37. If a player is added in the second half of the season he will be required to play at least one third (7) of the total (season) games (21) in the remaining maximum available games of eleven (11) to be eligible to play in the play-off. No player will be added with only four (4) games left in the season unless for special circumstances and then only with the approval of the League Commissioner and the Club's Board of Directors.
38. The minimum team fee for the Summer League is \$4564.00 [(14 X (\$300.00 + 26.00)].
39. All team fees (total payment for all official players but not less than the minimum of fourteen (14) players) will be accompanied with a complete roster with all the information that is required by the Club no later than the final deadline set for that league by the Board for that Directors. There shall be absolutely no exception for the minimum team payment and its deadline! See paragraph number 41 for a slight exception for minimum roster players.
40. If the roster information for those players listed is incomplete and/or the required amount of money is not received. the money received will be deposited and the team will be put on hold until all information and/or money needed for those players has been received. If said information and / or money is not received by the final deadline all money will be returned and that team will not be included in that League for the year.
41. If the roster has less than the required minimum fourteen (14) players, but full payment and all the required forms have been received for at least twelve (12) players, the money will be deposited. Those vacant roster spots are required to be filled ASAP. Those players listed on the roster will become a permanently filled roster spots until the final two spots are filled. There will be absolutely no exchanging of names and/or other players for those filled roster spots until the minimum roster requirement has been met of fourteen (.1!!) players. The penalty for such infraction is immediate ejection from the game with a three (3) to five (5) game suspension and probation for the remainder of the season. Further infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs # 16 & 17.
42. A manager will only be allowed to fill roster spots up to the minimum if the minimum team fee has been paid. All other additions will be paid at the full

league rate or the half rate if in the second half of the season plus the National fee if not already paid. The penalty for such infraction is immediate ejection from the game with a three (3) to five (5) game suspension and probation for the remainder of the season. Further infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs # 16 & 17.

43. If a team is in full compliance (current roster with the proper matching dollars for that team) the manager may add to his roster by submitting a completed, "Player Participation," form with the required amount of money before that player is allowed to play. If the player is allowed to play before these terms are met, the penalty for such infraction is immediate ejection from the game with a three (3) to five (5) game suspension and probation for the remainder of the season. Further infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs #16 & 17.
44. If a manager or a player knowingly or unknowingly allows an illegal player (any player not in compliance with Club Rules) to participate in a game will be subject to Club disciplinary action. The penalty for such infraction is immediate ejection from the game with a three (3) to five (5) game suspension and probation for the remainder of the season. Further infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs # 16 & 17.
45. If a manager or a player knowingly or unknowingly changes, manipulates, swaps, trades players legal or illegal adds or removes players or any other illegal action not allowed by Club Rule he will be subject to Club disciplinary action. The penalty for such infraction is immediate ejection from the game with a three (3) to five (5) game suspension and probation for the remainder of the season. Further infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs # 16 & 17.
46. If a manager and / or players knowing or unknowing violate any rules of the Club they will be subject to Club disciplinary action. See paragraphs # 16 & 17.
47. If a manager adds a new player that is not within a reasonable age range for that league he will be subject to disciplinary action as deemed by the Board of Directors and /or the disciplinary rules here by set by the Club's, "Standing Rules." The penalty for such infraction is immediate ejection from the game with a three (3) to five (5) game suspension and probation for the remainder of the season. Further infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs # 16 & 17.
48. Any violation by the manager or player that has a direct effect upon the game shall subject the team to a forfeit or more at the discretion of the Board of Directors.
49. All minus (-) 5 rated bats are disallowed in our leagues. Only minus (-) 3 bats are allowed. The penalty for such infraction is immediate ejection from the game with a three (3) to five (5) game suspension and probation for the remainder of the season. Further infractions will result in two (2) to three (3) years suspension or expulsion from the league for life. See paragraphs # 16 & 17.

50. Infield practice prior to any league games is not allowed. This is a non-practice facility.
51. The first Spring League manager's meeting will be held in November the previous year no less than 90 days prior to the start of the Spring League.
52. A minimum team deposit of \$1050.00 (\$75.00 X 14 players) will be required and received by the Club at a manager's meeting held 60 days prior to the start of the Spring League.
53. The final Spring League manager's meeting with the balance of all the money due, a complete minimum roster of 14 players, and all other necessary paper requirements for the Club shall be received no later than 30 days prior to the start of the Spring League. There will be no exception or extension of time to complete the above requirements! Failure to meet these requirements will forfeit your right to participate in the Spring League.
54. The Spring League is a weekend (Saturday & Sunday) league with games also on Wednesday night depending on the number of teams in the leagues.
55. The Spring League will consist of four divisions. They will be bracketed according age to be determined prior to the start of the league.
56. The first Summer League manager's meeting will be held In March of that year no less than 120 days prior to the start of the Summer League.
57. A minimum team deposit of \$1050.00 (\$75.00 X 14 players) will be required and received by the Club at a manager's meeting held 90 days prior to the start of the Summer League.
58. A manager's meeting, if needed, may be held for the Summer League 60 days prior to the start of the Summer League.
59. The final Summer League manager's meeting with the balance of all the money due, a complete minimum roster of 14 players, and all other necessary paper requirements for the Club shall be received no later than 30 days prior to the start of the Summer League. There will be no exception or extension of time to complete the above requirements! Failure to meet these requirements will forfeit your right to participate in the Summer League.
60. The Summer League will consist of five to six divisions. They will be bracketed according the National MSBL / MABL age brackets.
61. All refunds will be handled under the same terms as stated in Article XIV, Section 3 of the By-Laws. It states that no refunds are allowed after the commencement of the season. Therefore, only special circumstances will be permitted and they will be very limited in scope and must be approved by seven (7) of the nine (9) Board Members. Generally, any consideration of any refund after commencement of the season can only be consider if at all after completion of the current season.
62. No refunds shall be made to a player who has been suspended or expelled from the Club.
63. If a member, player, official or any other individual associated via membership or contract with this Club lays a hand upon, shoves or strikes, or threatens another member, player, official or any other individual associated via membership, contract or not associated with this Club shall be immediately suspended and shall remain suspended until their conduct is reviewed by the Board if Directors.

The Board may impose a penalty congruous with the violation committed from one to two year(s) suspension or expulsion for the league for life.

64. Any member ejected before, during or after a game depending on the violation shall be suspension for at least one game. An immediate appeal in writing to the League Commissioner with an acute justification that would dissuade the implementation of this penalty is at his discretion. Any serious violation in nature is beyond the scope of the Commissioner's authority and shall be referred to the Board of Directors.
65. Any member that violates any other prohibitions as stated in Article XIII- Code of Conduct, Section 1 - Prohibitions: Shall be penalized as stated: Immediate ejection from the game, probation, suspension, immediate suspension until reviewed by the Board of Directors or expulsion from the league for life. These are minimum enforced penalties which may also be increased by the Board of Directors if the circumstances of the violation warrant additional punishment.
66. The Sacramento MSBL/MABL Club is a no contact league! That means you must avoid contact at all times. Our Club is made up of working people and non professional ballplayers. Working people need to work for a living and amateur ballplayers aspiring to climb the ladder of success do not need to get hurt here when so little is at stake.
67. Making fake tags causing a player to do something that may cause an injury will result in an immediate ejection from the game. Any player ejected for such violation shall be suspension for at least one game.
68. Running rules to first base: As a runner you are entitled to the ground outside of the foul line and the outside half of the first base bag. Do not cross over the line after forty-five (45) feet from home plate at all times unless to avoid contact. Fielders, first baseman, second baseman and pitcher you are entitled to the ground inside the foul line and the inside half of the first base bag. Do not cross over the line if a play is being made at first base. You should run inside parallel to the first base foul line and make contact with the inside half of the first base bag at all times unless to avoid contact. If a throw is off line go up or down inside the foul line to make the catch and then tag the runner if possible, Do not cross over into the runner's path to the bag causing contact. This will be ruled as obstruction to the runner and he will be awarded the base.
69. Running rules to second base: As a runner you are allowed to slide into the bag or give it up by getting out of the way. By sliding it does not mean coming in to take out the fielder. Once the fielder has the ball and is in position to tag you out you are not to try and kick, strike or make any contact with the fielder so as to dislodge the ball. You may still slide into the bag, but only make contact with the bag and not the fielder. By giving up means that you turn out of the area of the field in play and not stand up with your arms trying to block a throw or any other play. As a runner, sliding or giving up, you must go to the opposite direction of the fielder covering the bag. In other words if the second baseman is covering the bag by crossing over it to receive the throw from the shortstop, then you would slide or give up to your right and visa versa if the shortstop was covering. There are cases where the fielder does not cross over the bag, but stays on his side of the bag, then you will slide or give up to the opposite side. As fielders you

must declare your position early enough so that the runner has time to decide how and where to go. As fielders you must not block, obstruct or impede the runner at any time without the ball or make a fake tag causing the runner to slide. The term breaking up double plays does exist in our league, but not in the same sense as defined in the Major Leagues. Both the runner and the fielder must make every effort to avoid contact. There are two halves to a bag, so one take one half and the other take the other half and no body will get hurt or complain!

70. Running rules to third base: Same as at second base. Do not try and invent ways that are not included or covered in the running rule to second base. Bottom line is to avoid contact at all cost.

71. Running rules to home plate: All of the rules for the bases will also apply at home plate. As a runner you are to slide or give up and at no time are you allowed to bowl over the catcher. therefore any rough tactics by the runner will be an immediate ejection. You may slide into home plate, but under no situation are to you take out the catcher. As a catcher you can not block the plate if you do not have the ball. If you have the ball or are about to instantly receive the ball then you can block the inside half of the plate and no more if the ball is coming from inside the foul lines. If the ball is coming from outside the foul lines then you can block half the plate if you have the ball or are about to instantly receive the ball. Upon receiving the ball as a catcher you can touch or swipe tag. But, at no time can you bull tag the runner. You have the gear. the runner doesn't. and therefore any rough tactics by the catcher will be an immediate ejection. Again there are two halves to the plate and each player is entitled to the half that is made available for safe play. Again this is not the Major Leagues, college, Simi-pro or any other mucho organization that allows players collide with each other with so little at stake!

72. Don't forget to have fun and bring your family!

73. Respect others and don't embarrass yourself with your attitude!

74. At all times act your age!

75. Have a good season!

All of the preceding Standing Rules are authorized, supported and enforced by and within the authority of the Sacramento Men's Senior Baseball League Bylaws pursuant to Article II, Section 3 - Applicable Law, Article XV, Section 6 - Validity of Action, Article XX - Construction of Bylaws and the State of California.

James L. Lortz  
President  
Sacramento Men' Senior Baseball League